

## **First Assignment**

### **Time Capsule Letter**

It's the beginning of your first year at the University of Mary Washington. You must have a lot on your mind. This is an opportunity for you to write a letter to yourself about the things you are thinking, concerned and excited about. Take a few minutes to write this letter using the following questions for guidance:

- What are your questions?
- What are you excited about?
- What are your expectations?
- What are your goals for the year?
- What do you fear the most about your first year at college?
- What do you think your biggest challenge will be?
- Where do you see yourself after the completion of your first year?
- Are there any additional comments you wish to make?

Once you have completed your letter, place an envelope with your name on the front and seal it. Your advisor will collect your letter and return it to you at the end of the year, during the last meeting where you will be able to compare your expectations to your first year experience.