University of Mary Washington
Speaking and Writing Center

Harvard Citation Style

*Note about Harvard Citation Style: this guide is an accumulation of generally agreed upon practices for Harvard, but this citation style can vary from institution to institution. We therefore also recommend checking what your professor's requirements are.

In-Text Citations

- Your Harvard in-text citations will consist of author last name(s) and year of publication with punctuation in between.
    - Example: (Smith, 1997)
- For multiple authors, use the word "and" for two and a comma and "and" for three, and et al. for more than three authors.
    - Two authors: (Smith and Bruce 1997)
    - Three authors: (McCarthy, William and Pascale 1997)
    - More than three authors: (Bond et al., 1990)

Reference List

The reference list is a new page placed at the end of a document and includes all cited works listed in alphabetical order by author. The list should be double-spaced and on a new page. You should title the new page as "References".

Books

Niedenthal, P. M., Neta, M. and Wood, A. (2025). *Psychology of emotion*. 3rd edn. London: Routledge.

Chapter in an Edited Book

Milkman, R. (1998). 'The new American workplace: high road or low road?' in Thompson, P. and Warhurst, C. (eds.) *Workplaces of the future*. London: Macmillan Press, pp. 22-34.

Commented [1]: Note that "and" is used to connect the two names.

Commented [2]: A comma separates the first and second names, while the word "and" separates the second and third.

Commented [3]: The last name of the first author listed, followed by "et al" and a comma.

Commented [4]: Author name(s), in the format of last name, comma, and initials separated by a period. Note that there is no comma before the "and" and last author, but there is a comma between the first and second author names.

Commented [5]: Year of publication in parentheses followed by a period.

Commented [6]: Title of the book in italics. Only the first word of the title and any proper nouns should be capitalized. Place a period after the title and then the edition number if available with "edn.".

Commented [7]: Location of publisher followed by a semi-colon and the publisher.

Commented [8]: Last name, comma, and initial of author of the chapter.

Commented [9]: Title of the chapter in apostrophes. Only the first word of the title and any proper nouns are capitalized.

Commented [10]: To show this is a chapter, place 'in' after the chapter title and preceding the editors of the overall book. The editors are formatted with similar punctuation to the chapter authors, but have (ed.) or (eds.) after their names to indicate they are the editors.

Commented [11]: Title of the compiled book in italics with only the first word of the title and proper nouns capitalized.

Commented [12]: Pages of the chapter within the book.

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Journal Articles

Fitch, G. et al. (2019). 'Does urbanization favour exotic bee species? implications for the conservation of native bees in cities', *Biology Letters*, 15(12), 20190574. https://doi.org/10.1098/rsbl.2019.0574

Mrvoljak-Theodoropoulou, I. and Aggeli, K. (2026). 'The relationship between assertiveness, trait anxiety, and early maladaptive schemas', *Professional Psychology: Research and Practice*, 57(4), pp. 261-270. https://doi.org/10.1037/t04983-000

Kenney, S. J. (2010). 'Critical Perspectives on Gender and Judging', *Politics & Gender*, 6(3), pp. 433-441. Available at: https://umw.primo.exlibrisgroup.com/permalink/01UMW_INST/qmse28/cdi_crossref_citationtrail_10_1017_S1743923X10000310 (Accessed 1 September 2026).

Websites

Copenhaver, B. (2025). *The epic 3-mile trail in Shenandoah National Park that's worth the climb*. Available at: https://www.onlyinyourstate.com/nature/virginia/challenging-hikes-shenandoah-national-park-va (Accessed: 30 March 2026).

Newspapers Print

Baker, P. (2009). 'Obama takes oath, and nation in crisis embraces the moment', *The New York Times*, 21 January, p. 1.

Newspapers Online

Commented [13]: If there are four or more authors, put only the first author followed by 'et al.' However, it's important to note that some institutions prefer that you put all authors regardless of how many there are. Check with your professor, but also be consistent in which type you use.

Commented [14]: Only the first word is capitalized in the title. Also note that the title of the article is designated with single apostrophes rather than quotation marks.

Commented [15]: Title of the journal in italics in which the article is housed followed by a comma, the volume number, and then the issue number in parentheses if available. Unlike with books, journal titles should be in title case where every word is capitalized.

Commented [16]: Some journal articles have online identification numbers instead of page numbers. If page numbers aren't available but the electronic identifier is, put the electronic identifier after the comma.

Commented [17]: DOI of the article.

Commented [18]: This is how you would format a reference when there is page numbers. You would "p." if there was only one page and "pp." if there is a range.

Commented [19]: Note the difference in citing a DOI and URL. Only if a DOI is not available, use the URL. Precede the URL with "Available at:" and follow the URL with the parenthesis enclosing "Accessed Day Month Year," with a period after.

Commented [20]: Author of the website. If there's no author available, use the organization name.

Commented [21]: Title of the website in italics. Note how only the first word of the title and any proper nouns are capitalized.

Commented [22]: After the period, put "Available at:" followed by the URL.

Commented [23]: Date you accessed the website in day month year format, in parentheses. Months are ...

Commented [24]: Authors last name and initials. If there is no author name, put the title of the article ...

Commented [25]: Title of the article. Note that it is within apostrophes.

Commented [26]: Name of newspaper in italics in title case where all words but articles are capitalized.

Commented [27]: Day and month (written out in full) of publication.

Commented [28]: The page of the newspaper on which the article can be found. If it's a page range, pu ...

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Coren, M. J. (2026). 'What science says we've been getting wrong about exercise', *The Washington Post,* 3 February. Available at: https://www.washingtonpost.com/health/2026/02/03/exercise-longevity-stairs-blue-zones/ (Accessed: 30 March 2026).

Thesis/Dissertation

Batchelor, A. V. (2019). *Sound localization behavior in Drosophila.* Ph.D. Dissertation. Harvard University. Available at: https://www.proquest.com/docview/2459652228?pq-origsite=primo&sourcetype=Dissertations%20&%20Theses (Accessed: 30 March 2026).

Report

Cook, C. D. (2025). *How Democrats lost the White House*. Available at: https://democraticautopsy.org/how-democrats-lost-the-white-house/ (Accessed: 1 September 2026)

Software Application (AI)

Open AI (2022). ChatGPT response to J. Doe, 8 July. Available at: https://openai.com/blog/chatgpt/

Social Media

PBS Hawai'i (2024). *Vanishing voices: Saving our Hawaiian forest birds | PBS Hawai'i presents* [Youtube]. Available at: https://www.youtube.com/watch?v=VyjpOFqd7DM (Accessed: 30 March 2026).

National Geographic (2026). *In the lead-up to the Artemis II launch, NASA astronauts spent two years...* [X] 2:36pm · 1 April 2026. Available at: https://x.com/NatGeo/status/2039411618673512467?s=20 (Accessed: 1 April 2026).

Commented [29]: The difference between the print and online versions of the newspaper is the "Available at:" link, followed by the date you accessed the link in date month year form.

Commented [30]: Note that the title of the thesis/dissertation is in italics rather than apostrophes.

Commented [31]: Indicate the education level (Masters, PhD, etc.) and then whether it is a dissertation or a thesis.

Commented [32]: University where the thesis/dissertation was produced.

Commented [33]: Author or organization of the report.

Commented [34]: Title of the report in italics and sentence case.

Commented [35]: The example that was here didn't follow harvard's style and linked to a blog about chatgpt, not the used prompt for the example, so I wrote a new one and added comments for the proper parts.
-em :)

Commented [36]: The author of the software.

Commented [37]: Date that the prompt was generated.

Commented [38]: The name of the software and then "response to" followed by your name.

Commented [39]: Title of the software/program, follow by the first initial and last name of the person who created the prompt.

Commented [40]: The day of the prompt and then the month.

Commented [41]: Author or creator of the social media post. In the case of this example, it would be the creator of the video.

Commented [42]: The full title of the social media work (in this case, a video) in italics and sentence case.

Commented [43]: Put the social media platform of the post in brackets after the title and before the period.

Commented [44]: For the "title" of the social media post, use the first sentence or so of the post in italics. If the entire post is too long to include, add ... at the end of your chosen portion.

Commented [45]: Give the exact time of the post if available and then the day, month and year of the post separated by a dot.