

History

Please refer to the current [Undergraduate Academic Catalog](#) to see the course descriptions and a major description with requirements for History.

First-year students who wish to take history courses are ordinarily advised to enroll in one of the 100-level course sequences, bearing in mind several considerations: (1) **HIST 121 & HIST 122**, Western Civilization, **HIST 131 & 132**, United States History, and **HIST 141 & 142**, Asian Civilization, may be used to satisfy requirements in General Education, Human Experience and Society; (2) the same courses also count toward the history major and are pre-requisites to HIST 299, which is required for the major; (3) course sequences do not need to be taken in order (e.g. HIST 122 can be taken before HIST 121); and (4) prospective history majors should plan on completing a full sequence of two courses, rather than selecting from multiple sequences (e.g., take HIST 131 & 132, rather than HIST 131 and HIST 121).

The department also recommends that students who are contemplating a major in history consider taking **HIST 201** or **HIST 202**, First-Year Seminars in European or American History. HIST 201 & 202 count as electives in the history major and they also meet the First-Year Seminar General Education requirement.

It should be noted that students who have earned either a 4 or 5 on the AP US History exam receive six hours of credit for HIST 131 and 132. In addition to considering HIST 201 or HIST 202, these students might consider any 200 or 300-level history course (other than HIST 299). Other students with AP credit in history (those with a score of 3 or those who have taken AP European History) and students who scored 5 or higher on IB American or European history courses should consult the appropriate guides on AP and IB equivalents at UMW. They may also consult the chair of the Department of History and American Studies for placement questions.

Below please find some examples of first semester schedules for a history major. There are many variations of a first semester schedule; the examples are just meant to help you see that there are many ways to reach the same goals.

For information about the General Education Requirements Met below visit the [General Education Requirements](#) website.

Example 1:

| Course (credits) | Requirement(s) Met |
|---|----------------------|
| 1. COMM 209 - Argumentation (3) | ALPP, SI* |
| 2. CHEM 105A - Chemistry & Society I with Lab (4) | NS |
| 3. GERM 101** - Beginning German (3) | FL |
| 4. HIST 201 - FY Seminar: European History (3) | FSEM, Major Elective |

Example 2:

| Course (credits) | Requirement(s) Met |
|--|--------------------|
| 1. HIST 121** - Western Civilization I (3) | Major, HES |
| 2. FSEM 100RR - When Americans Came Marching Home (3) | FSEM |
| 3. COMM 205 - Public Speaking (3) | Elective, SI* |
| 4. BIOL 121 - Biology Concepts I with Lab (4) | NS |
| 5. PHYD 110 - Individual Exercise: Weight Training (1) | Elective |

Example 3: Athletes for varsity sports must register for the 400-level course of the sport. Practice times for varsity sports can vary, but generally speaking, athletes should allow for enough time to get to and from practice on weekdays from 3 - 6 p.m. Please check with the individual coach for your sport to verify specific practice times each semester.

| Course (credits) | Requirement(s) Met |
|---|--------------------|
| 1. FSEM 100G4 - Race & Revolution (3) | FSEM |
| 2. HIST 131** - American History to 1865 (3) | Major, HES |
| 3. FREN 101** - Beginning French (3) | FL |
| 4. MATH 110** - Finite Math with Applications (3) | QR, Elective |

*These paths assume fall matriculation. Students entering in the spring semester will make appropriate adjustment for sequencing issues.

**Please note that not all sections of a course may have the Across-the-Curriculum (ATC) attribute(s). Across-the-Curriculum designations for a course are dependent on instructor and semester. ATC designations for each course are listed in the Banner description for the semester in which you are registering.*

***This particular course is in a discipline that allows students with demonstrated competence upon admission to UMW (such as AP/IB credit, dual enrollment, etc.) to begin courses at a higher level. Please read the Academic Planning Guide carefully to see if you meet the requirements. For example: students may begin at any level language course for which they feel prepared (101, 102, 105, 201, 202 or 205), but must then complete the rest of the sequence in order without repeating or skipping any levels.*